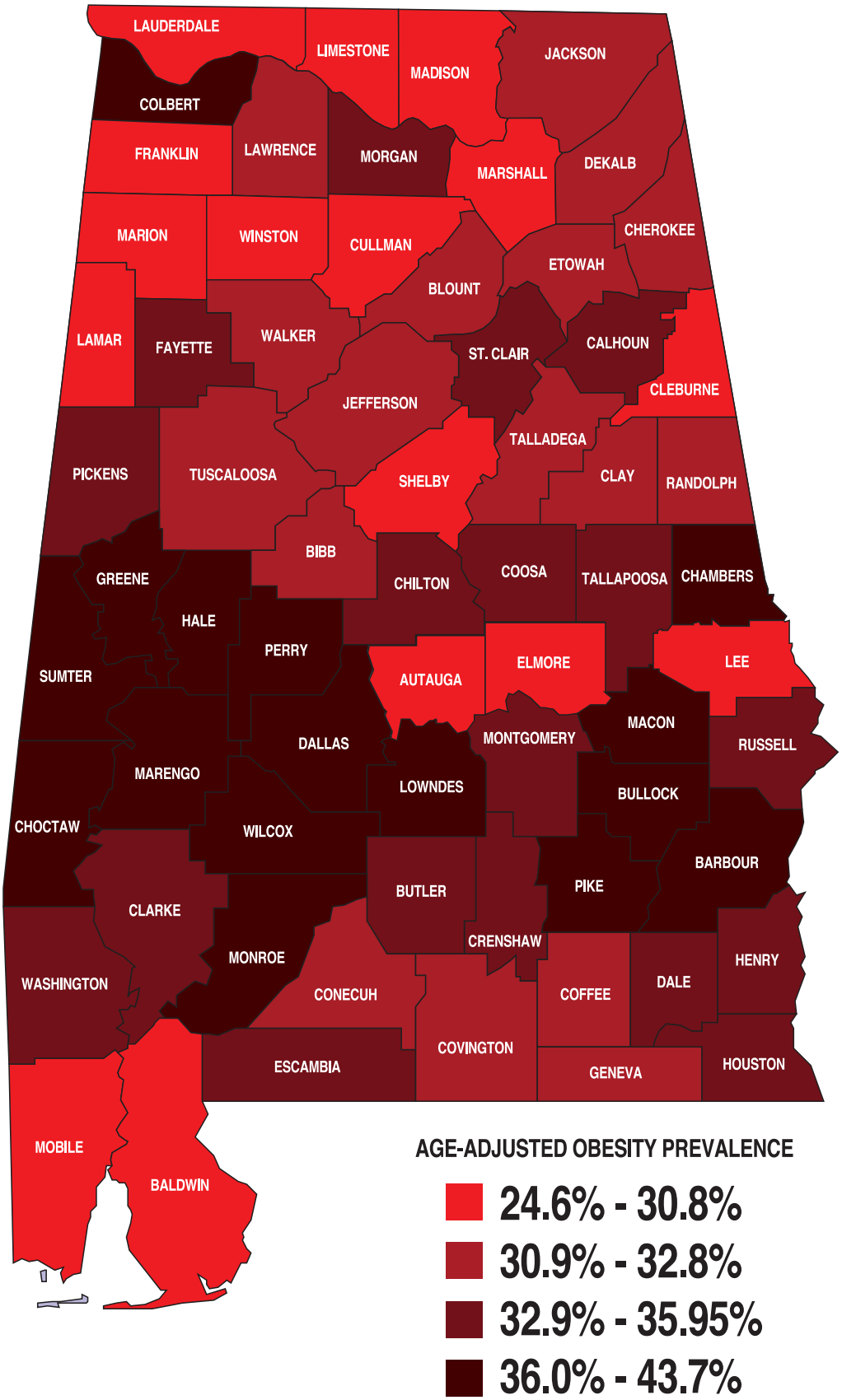
ALABAMA AGE-ADJUSTED 2007 OBESITY PREVALENCE



Obesity is defined as a body mass index (BMI) of 30 or higher. Overweight is defined as a BMI of 25-29.
Data for this report were taken from Alabama's Behavioral Risk Factor Surveillance System (BRFSS), a survey of adults 18 and older.